

PRESS RELEASE

ELEMENTS

2026

Abstract Art Through a Global Lens

18 - 29 September 2026

Participating Artists

Abbas Zahedi	Maysaloun Faraj
Anwar Jalal Shemza	Naoki Kawano
Aphra Shemza	Nowshin Prenon
Darshana Vora	Sam Shendi
Hormazd Narielwalla	Sara Choudhrey
Leila Pourkhani	Sato Sugamoto

Curator: Dr Sara Choudhrey (PhD)

Project Assistant: Nazira Bibi

Where: Kindred Studios @ The Gramophone Works,
326 Kensal Road, W10 5BZ

Opening Hours: Mon - Sat, 12 - 6pm

(Timed-entry on the hour)

Free Booking: tinyurl.com/elements-exhibition

Enquiries/Appointments: hello@elements-exhibition.com

Accessible Virtual Exhibition:
www.elements-exhibition.com

Instagram: [@elements.exhibition](https://www.instagram.com/elements.exhibition)

ELEMENTS

ELEMENTS 2026 brings together a group of 12 artists whose works demonstrate what abstraction speaks to today and its continuity within a longer, global timeline. Curated by Dr Sara Choudhrey, ELEMENTS 2026 encourages you to rethink what you know of abstraction, who it is produced by, how it may be used as a source of meaning-making, a form of documentation or as a visual language.

The works in this exhibition explore cultural, spiritual and spatial encounters with themes of home, migration, loss, identity, memory, healing, place and belonging. Works include paintings, sound, installation, animation, sculpture, textile art, and more.

Our community programme

We are pleased to offer a number of exciting, fun and best of all, free, creative workshops for local residents and community members. We are particularly offering workshops to those from underrepresented communities, from marginalized or global majority backgrounds. If you are a local resident or student please reach out by email so we can send you a direct link to attend.

Curator's Bio

Sara Choudhrey is a London-based artist and researcher. She explores our relationship with spaces and what they evoke of our sense of heritage through visual and material culture whilst bringing visibility to hidden narratives and underrepresented voices. She specialises in geometry, visual analysis and visual culture. Her multimedia work results in installations, paintings, sculpture, animation and projections. Sara often responds to museum collections, archives, architecture and natural phenomena. Her works are held in a number of collections and she has recently been commissioned by The National Trust, Sheffield Museums and Leighton House Museum. She holds both a PhD and Master's in Digital Arts.

Note to Visitors:

Visitors are requested to book their free tickets via Eventbrite: <https://tinyurl.com/elements-exhibition>

An attendant will meet visitors at the main reception of The Gramophone Works and guide them to the gallery space which is situated on the fourth floor via the lifts.

Please do get in touch with us in advance if you have any access needs, we will try our best to accommodate you. If you are unable to attend the exhibition in person we recommend visiting the website for the online virtual exhibition: www.elements-exhibition.com

How to Find Us:

Address: The Gramophone Works / Kindred Studios, 326 Kensal Road, London, W10 5BZ

Buses: 23, 52, 70, 228, 295, 316

Tube:

- Kensal Green Station (served by Bakerloo and Lioness lines) 14 min walk
- Ladbroke Grove Tube Station (served by Hammersmith & City and Circle Lines) 15 min walk
- Westbourne Park Station (served by Hammersmith & City and Circle Lines) 16 min walk

Parking: Pay & Display bays can be found on Kensal Road and in the surrounding area. Please check for any parking restrictions on the day.

ELEMENTS 2026 is supported by:



Supported using public funding by
**ARTS COUNCIL
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Kindred Studios